Garrison Commander

>	Welcome.			

AAFES (722-0794)

- Fort Monroe Post Exchange:
 - Military Star Card Promotions
 - Back to school purchases made on your star card through Aug 17th are no interest and no payments for 3 months.
 - > Furniture/electronics purchase of \$299 or more 1-14 Sept will have no interest and no payments for 6 months.
 - Serta and Sealy Mattress purchase of \$599 or more 1-14 Sept will have no interest and no payments for 12 months.
 - Major appliance purchases between 1-21 Sept will have no interest and no payments for 3 months. Remember if you don't already have a Star Card you can apply for one at your Ft. Monroe exchange and your first day's purchase will have an additional 10% off.
- The AAFES Value Story:
 - 1. We Match It!
 - 2. We Survey Prices Locally...
 - 3. We Survey Nationally...
 - We Price Cut & Put Items on Sale and Clearance...
 - All this and no sale tax.
- > Still serving weekends in Sept: Ft. Monroe PX will feature additional %'s off recliners, dining sets, and other furniture items... look for a special flyer at the Sept. MIM!
- Sales Flyers:
 - > 11-17 Aug, features RTA furniture and bean bag chairs
 - ➤ 18-24 Aug, features RTA furniture... also on sale is Aquafina 24 pk water \$3.99
- Special events at Ft. Eustis PX:
 - 17 Aug... 70's Day9 Sep... Pet Show

 - > 16 Sep... Still Serving
 - > 15-16 Sep... Estee Lauder Spa

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AAFES (722-0794) (cont'd)

- Special events at Langley AFB BX:
 - 11-13 Aug ...Patriotic Quilt on Display
 18 Aug ... Muscle Tech Demonstration

 - 2 Sep ... Author Linda Jones signing books
 - > 12-17 Sep ... Lifetime Jewelry Sale
 - > 13-17 Sep ... BH Multi Jewelry Sale
 - 16 Sep ... Master Gardeners
- Take Off Pounds Sensibly (TOPS) Chapter #VA718, Fort Monroe: Meets every Wednesday, @ 12:00 Noon, Rm 262, Building 82, 60 Ingalls Road. Weigh in at 11:45 am. Fort Monroe Leader can be reached at 722-0794. Flyer provided.

American Red Cross (788-2359)

> Fort Monroe hosted Red Cross Blood Drive will be held at the Community Activities Center on 13 Sep, from 9am to 3pm. New exciting promotional programs are being implemented to promote the Summer blood drives. For more information call X-2359. Flyer provided.

Chaplain (788-4672)

- Sunday Worship Services (Chapel of the Centurion)
 - > Episcopal 7:45 am
 - Protestant 9:30 am and 11:00 am
 - Sunday School (Chapel Center) 9:30 am
- Summer Schedule No Tuesday or Wednesday activities after 14 Jun until dates shown below.
 - Chapel Center Wednesday Night Activities resume 13 Sep.
 - Family Night Suppers 1700
 - Bible Study 1800
 - Choir Practice 1900
- Protestant Women of the Chapel meet every Tuesday at 0930 at the Chapel Center.
 - Currently studying "Battlefield of the Mind" by Joyce Meyer.
 - September Study Guide on flyer provided.

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Craven Army Health Clinic (314-8045)

- Craven Army Health Clinic Hours of Operation
 - Mon Fri, 0730-1630 except Thurs, 0730-1500, closed during lunch 1200-1300 daily
 - ➤ Allergy/Immunizations Clinic: Tues and Fri, 0730-1100 and 1300-1600
 - Optometry Clinic: Mon Fri, 0730-1630, closed during lunch 1200-1300 daily.
- ➤ Patient Representative can be contacted at (757) 314-8044 with any concerns, issues, complaints, compliments or to receive TRICARE information.
- ➤ Emergency Services are not available at Craven Army Health Clinic. Dial 911 (MP Desk will answer) for true emergencies or proceed to the nearest Emergency Room, Sentara, Riverside, or Mary Immaculate.
- For non-emergency care after hours McDonald Army Community Hospital at Fort Eustis and the 1st Medical Group at Langley AFB have Urgent Care Clinics open seven days a week from 0700-2200 hours.
- > School and sports physicals for family members will be performed every Friday in the month of August from 1300-1600. Flyer provided.
- Physical Exams (Active Duty Only):
 - ➤ Call 314-8023/24 for an appointment (Part I or Part II Exam)
 - Part I Exams are conducted on Tues each week
 - > Part II Exams are conducted on Mon. Tues. Wed and Fri @ 1100
 - > School and sports physicals for family members will be performed on a space-a basis
- ➤ Retirement Physicals are provided by the VA for all soldiers planning on filing any type of VA disability claim and not go through the physical exam process here at Craven. Contact Maurice Thompson, Military Services Coordinator at (757) 858-6150, ext. 122 to start the process.

DENTAC

➤ The Dental Clinic has walk-in hours from 7:30 am to 9:00 am each morning (M-F) for sick call and exams.

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Directorate of Plans, Training, Mobilization and Security (788-6304)

- Virginia and Fort Monroe Hurricane Guides are being provided.
- Force Protection Awareness Week, 11-15 Sep.
 Crisis Action Team (CAT), first responders, supporting a
 - > Crisis Action Team (CAT), first responders, supporting agencies, and assigned and tenant organizations will be evaluated on their ability to respond to simulated incidents. Briefing provided.

Directorate of Public Works (788-5372)

- ➤ Storm Sewer Repairs: Work is ongoing in front of Bldg 138 where the pipe will be replaced under the sidewalk in front of the building. After completion of this section, a drop inlet will be replaced in front of Qtrs 123 and then work will proceed in the area of Bldg 83.
- ➤ Environmental Management System (EMS): A fence line to fence line EMS is required by Presidential Directive. This program is the responsibility of everyone who lives and works on Fort Monroe. EMS includes measurable environmental goals, objectives and targets to improve Fort Monroe operations. We will use this system to maintain environmental stewardship and address BRAC environmental issues. As part of our program, everyone is requested to take EMS Awareness Training. This is an online, user friendly module which we will be sending out to the installation in September. Everyone's support with this program is greatly appreciated.
- ➤ August Housing Newsletter is attached. It contains an invitation to housing residents to apply for membership on the Restoration Advisory Board (RAB) which serves as a forum for the discussion of environmental restoration information between agencies and the community. The RAB will be composed of representatives of Fort Monroe, the U.S. Environmental Protection Agency, state and local governments, and the affected community. Fort Monroe would like to include a member of family housing on the RAB.
- ➤ Project Pride: We encourage everyone to assist in keeping up the beautiful appearance of Fort Monroe. Please help by regularly picking up trash around your quarters and buildings. Also, please take the time to do seasonal maintenance around your quarters and buildings.

Equal Employment Opportunity Office (788-3500)

➤ Women's Equality Day, "Celebrating Women's Right to Vote": Aug 25 at the Ft. Monroe Post Theater, 10:00 - 11:00 am. Guest speaker is Honorable Jeion A. Ward, Virginia House of Delegates. Flyer provided.

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Equal Employment Opportunity Office (788-3500) (cont'd)

- ➤ New Department of the Army (DA) Prevention of Sexual Harassment (POSH) Training
 - ➤ DA mandates 4-hour block of POSH training with a biennial refresher.
 - ➤ 4-hour block will be conducted on Thursday, 24 Aug, 1230-1630, at Directorate of Resource Management Conference Room, 3 Bernard Road, Bldg 105, 2nd Floor.
 - ➤ Training includes review of EEO process/procedures, employee rights, responsibilities of employees and management officials, sexual harassment, reasonable accommodation and alternative dispute resolution.
- ➤ EEO Senior Leadership Training for Executives and Supervisors
 - ➤ Garrison EEO Office will conduct EEO Senior Leadership Training for executives and supervisors from 12-14 Sep at the Bay Breeze Community Center
 - Morning and afternoon sessions will be provided each day.
 - > Training objectives include information on EEO policy, procedures, guidance and definition of supervisory roles and responsibilities. Target audience is leadership with supervisory responsibilities. New and seasoned supervisors will expand their awareness of the EEO program and foster relationships to sustain a successful and proactive EEO program.

McDonald Army Health Center (MCAHC) (314-7844)

- MCAHC Information Share:
 - MCAHC hosts TRICARE Management Activity Briefing, Fort Monroe Post Theater, 22 Aug, Time TBD. Flyer provided.

Morale, Welfare and Recreation (788-3737)

- ➤ 11 Aug Summerfest by the Bay: Every Friday until Labor Day behind the Bay Breeze Community Center, 5 to 9 pm. Free and open to the public, live entertainment, pool activities, beach volleyball concessions available for purchase. For more info call 788-2850. Flyer provided.
- ➤ 15 Aug Employment Readiness Workshops: Employers' Panel, 9 11:30 pm at ACS. For more information call 788-4132/3878. Flyer provided.

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Morale, Welfare and Recreation (788-3737) (cont'd)

- 26 Aug Freddie Jackson and Najee Concert: Gates open at 5 pm at Walker Airfield. \$10 Admission for adults, \$5 for children ages 5 – 15, children 4 and younger are free. Tickets are available through Ticketmaster, at the Fort Monroe, Fort Eustis, Langley, Little Creek and Oceana ITT/Ticketmaster offices, at the Fort Monroe Fitness Center and the Fort Monroe Special Events office. For more information call 788-2850. Flyer provided.
- ➤ 29 Aug Free Financial/Consumer Workshops: Investing in Real Estate, 1 3:30 pm at ACS. For more information call 788-4132/3878. Flyer provided.
- ▶ 6 7 Oct Fall Faire at the Fort at Walker Airfield: Oct 6, 5 9 pm Live German music, German beer and food. Oct 7, 9 am - 3 pm, Flea Market, Volksmarch and craft show, music and food. \$15 fee for Flea Market (788-4305 for registration). For general information please call 788-2850. Flyer provided.
- ≥ 20 Oct 9th Annual Fall Golf Classic: 9 am at the Pines Golf Course at Fort Eustis. Entry fee is \$45 per person, \$30 for Pines Members. Call 788-2783 for more information. Flyer provided.

Post Judge Advocate (788-3616)

- August is Army Voter Registration Month
 - Goal is 100% of Fort Monroe Soldiers and family members to be contacted about voting/absentee voting
 - > Registration information will be available at the PX, Fitness Center, CAC and Library information booths. Info will also be available via the Command Channel, Casemate and marquee at the front gate.
 - Applications and particular state information is available at the Post Judge Advocates office.

Saint Mary's Star of the Sea (722-9855)

- Saint Mary's Star of the Sea Catholic Church is located at 7 Frank Lane, Fort Monroe, VA. The new pastor Father Anthony Morris, C.Ss.R, began his service to Fort Monroe on 12 Jun. Father Morris is also the Pastor at the St. Joseph Catholic Church in Buckroe. The new Bookkeeper/Administrator is Ms. Kate Luke.
- Mass is currently held:
 - Saturday 5:30 pmSunday 9:30 am

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Saint Mary's Star of the Sea (722-9855) (cont'd)

Women's Faith Group (Bible Study) will resume in September.

School Liaison Officer (788-4673)

> Ready for school to open: Bryan Elementary School, Spratley Middle School (open); Phoebus High School.
Request to change zoned middle school (6-8) not approved.
Military authorized slots in magnet schools have all been filled.
> Feedback requested.

Thrift Shop

Thrift Shop will reopen from it's Summer break on 12 Sep at 10 am.

USO (788-4984)

- USO of Hampton Roads Summer Concerts: Flyer provided.
 - Hootie and the Blow Fish, Aug 11 at NAB Little Creek, 6:30 pm Free
 - Lee Ann Womack, Aug 25 at NAB Little Creek, 6:30 pm Free

The USO of Hampton Roads today announced the hiring a new President and Chief Executive Officer effective August 14, 2006.

Plans, Analysis and Integration (788-4057)

- Project Pride's Clean Sweep activity will be held on 15 Aug. Flyer provided.
- ➤ The next Monroe Information Meeting will be held on 13 Sep.
- > As a security requirement of the VTC, if you have not signed in, please do so before you leave.

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